# ATHLETIC DRESS CODE **ATTIRE FOR SPORTS EVENTS**

# **ATHLETIC ATTIRE - GENERAL**

- transparent when wet.
- No tight or form-fitting shirts, jerseys, or pants.
- Shirt must be long enough to cover midriff even when stretching.
- Sleeves must stay draped over shoulders at all times.
- Uniformity in dress is mandatory for athletic team events.

## **SOCKS & SHOES - GENERAL**

- Basic sports shoes for all athletic events.
- No spiked shoes for track events.
- No hard-top shoes for soccer kick.
- No dark or coloured soles that may mark ball courts.
- Socks must be worn with shoes and must be visible over the shoes - minimum ankle length or above.
- Shoes must be worn to participate in events.

# **SPORTS SHIRT - MALE**

No sleeveless shirts or jerseys unless worn over T-shirts with sleeves.

# **SPORTS PANTS - MALE**

- Loose-fitting full length sweat pants, warm-up pants, trousers, pants or knee-length hemmed shorts.
- No body-fitting spandex pants or shorts.
- Track pants must be worn during Physical Fitness event; no shorts allowed.

No shirts of materials that are see-through or become

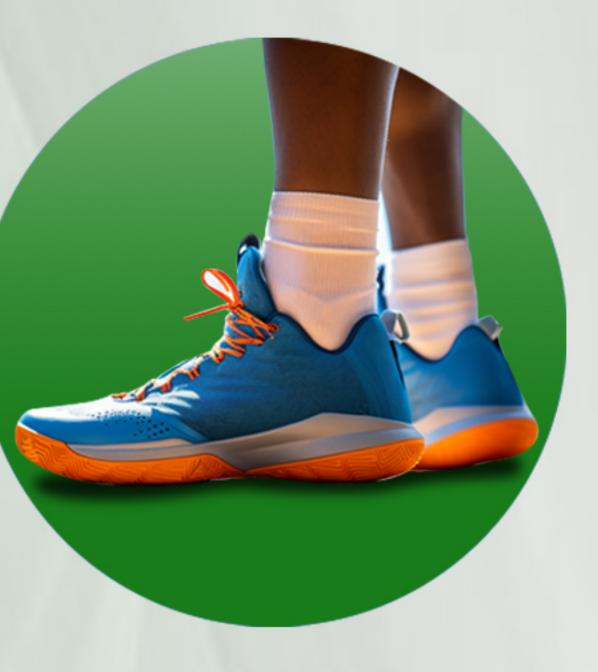
## **SPORTS SHIRT - FEMALE**

• T-shirts must be worn under V-neck or low-cut athletic shirts or sleeveless vests.

# **CULOTTES - FEMALES**

- All female delegates competing in athletics must wear culottes.
- Culottes must be loose-fitting and have the
- Hemlines of culottes must be no shorter than the bottom of the knee.





appearance of a skirt. Gaucho pants are not permitted.

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# DAY DRESS FODE **ATTIRE FOR SOTA REGIONAL STUDENT CONVENTION**

## **DAY ATTIRE - GENERAL**

- School uniform is required for day dress unless the school has no uniform (e.g., home schoolers). • Home-schoolers may wear casual-smart attire
- that meets dress code.
- No cargo, denim, or stone washed clothing permitted.

# **DAY ATTIRE - MALE**

- Button-up shirts or polo shirts with collar and sleeves. Only top button may be left unbuttoned.
- Shirts should be tucked in.
- Long conservative trousers or pants. Pants must not be tight or form fitting.
- Belts must be worn with trousers that have belt loops.
- Pants are to be worn properly (at the waistline).
- No shorts except for athletic events.

# **DAY ATTIRE - FEMALE**

- No form-fitting or sleeveless clothes.
- No see-through materials unless lined.
- Hemlines of skirts and dresses must be no shorter than the bottom of the knee When standing or sitting.
- Slits may not extend higher than the bottom of the knee.
- Midriffs must be covered at all times in all positions.
- No low-cut or wide necklines.



- must be visible and minimum ankle length.
- or flip-flops permitted.



- or fancy hairstyles.

# HAIR - MALE

- Sideburns should not be
- No facial hair allowed (e.g., beard/ moustache)

# HAIR - FEMALE

- neat at all times.
- and off the face.

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School shoes or sneakers may be worn with socks which Shoes should be closed-toe and closed-heel. No sandals

• No jewellery other than wrist watches and wedding rings.

Natural color - no dyes, no highlights. No fads - no spikes, braided hair

 Neat, trim conservative haircuts. Should be tapered or blocked, above the ears and off the collar. Hair should not cover the eyebrows.

longer than the middle of the ears.

Long hair must be combed and kept

Fringes should not cover the eyebrows.

• Long fringes to be pinned up neatly



# FORMAL DRESS GODE **ATTIRE FOR RALLIES, PLATFORM & MUSIC EVENTS**

# **FORMAL ATTIRE - GENERAL**

- Smart jackets and ties to be worn if part of the formal school uniform.
- Button shirts with collars. No sleeveless shirts or tops.
- All males must wear ties.
- No jewellery other than wristwatches and wedding rings.

# **MALE ATTIRE - DRESS PANTS**

- Long conservative trousers. No jeans, cargo pants, tight pants or fashion extremes.
- Belts must be worn with trousers that have belt loops.
- Students without school uniforms may wear smart shirts and pants that meet dress-code requirements.

# **FORMAL ATTIRE - FEMALE**

- Females may wear formal dresses or blouses and skirts that meet RSC dress-code requirements.
- No culottes for formal attire.
- No form-fitting or sleeveless clothes.
- No see-through dresses or skirts unless lined.
- Long dresses or skirts may be worn if preferred.
- No low-cut or wide necklines. Scarves may be used to cover necklines.

## **DRESS SHOES**

- Smart shoes to be worn with formal attire.
- Smart school shoes are allowed. No sports-type shoes or sandals.
- Socks are to be worn and should be visible, minimum above ankle length.
- Socks are not required for court shoes or smart pumps if hosiery/tights are worn.
- Heels are not to be higher than 1.5 inches.

# HAIR - GENERAL

- or fancy hairstyles.

# HAIR - MALE

- Sideburns should not be
- No facial hair allowed (e.g., beard/ moustache)

# HAIR - FEMALE

- neat at all times.
- and off the face.

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 Natural color - no dyes, no highlights. No fads - no spikes, braided hair

 Neat, trim conservative haircuts. Should be tapered or blocked, above the ears and off the collar. Hair should not cover the eyebrows.

longer than the middle of the ears.

Long hair must be combed and kept

 Fringes should not cover the eyebrows. Long fringes to be pinned up neatly

## Accelerated Christian Education Culottes for Convention

The A.C.E. Student Convention dress standards require the young ladies to wear culottes for athletic events. Please refer to the following information *before* purchasing or sewing culottes for your students.

What do ISC-approved culottes look like?





Pleated culottes (pleats front and back)



## Skirlots

(knee-length culottes with front and back knee-length panels attached to waistband, covering to the side seams)

(not ready made)

## What do NOT meet ISC Guidelines for culottes?

- Loose-fitting knee-length basketball shorts
- Gauchos (no pleats or panels)

If you have any questions about the suitability of your school's culottes, feel free to send a photo of a student in the culottes to studentconventions@aceministries.com to receive approval.

The following sources sell reasonably-priced culottes and patterns that meet the A.C.E. Student Convention standards. When ordering or making, be sure the length is acceptable (no shorter than the bottom of the knee).

## **Ready-made culottes:**

www.myculottes.com/culottes.html (about \$20; also has skirlots)

www.1611skirts.com (\$24; box pleat)

www.lazydaisy.org/box\_pleat\_culottes.htm (about \$25)

www.jdmrobes.com/sw\_price.htm (about \$25)

## **Culottes patterns:**

www.earnestlycontending.com/KT/Studies/living/culottes/culottes.html (free instructions on how to make culottes and your own pattern)

www.modesthandmaidens.com/collections/all (\$14 for pattern)

## Is your school ready for Registration Dress Check?

Use this checklist to make sure ALL of your students, sponsors, and guests (staying on campus) are ready for dress check. Convention Appearance Guidelines will be enforced. Consult your Student Convention Guidelines for ISC appearance standards. <u>The following checklist</u> covers areas most frequently addressed.

## FEMALES

### Appearance is to be conservative, modest, and neat.

### □ Hair:

- Hair must be a natural color, no fads.
- □ Jewelry:
  - Jewelry must be conservative and minimal.
  - Only one earring per earlobe (smaller than a dime in size) is permitted.

## **Blouses/Tops:**

- No form-fitting tops are permitted.
- Necklines must come to the clavicle in the front and to the bottom of the neck in the back.
- Midriffs must be covered at all times and in all positions.
- No see-through tops, denim, or stone-washed clothing is permitted.

## **Dress, Skirt, or Culottes:**

- No form-fitting dresses, skirts, or culottes are permitted.
- Slits may not extend higher than the bottom of the knee.
- Hemlines of dresses, skirts, or culottes must be no shorter than the bottom of the knee (when standing or sitting).
- Skirts with see-through fabrics must be lined or worn with slips.
- No cargo (pockets sewn to the outside of skirt), denim, or stone-washed clothing are permitted.
- □ Shoes:
  - Only closed toe and closed heel shoes are to be worn. No sandals or flip-flops are permitted.
  - Shoelaces are to be neatly tied.

Please evaluate each of these areas before you enter registration. Schools may not finish registration until all students, sponsors, and guests (staying on campus) have successfully completed dress check. I have checked **each** of my <u>students</u>, <u>sponsors</u>, and <u>guests</u> (staying on <u>campus</u>). They **each** meet the convention dress guidelines and **are ready for dress check**.

Female Head Sponsor's Signature

School Name

## Is your school ready for Registration Dress Check?

Use this checklist to make sure ALL of your students, sponsors, and guests (staying on campus) are ready for dress check. Convention Appearance Guidelines will be enforced. Consult your Student Convention Guidelines for ISC appearance standards. <u>The following checklist</u> covers areas most frequently addressed.

## MALES

## Appearance is to be conservative, modest, and neat.

□ Hair:

- Men must have neat, trimmed, conservative haircuts no fads.
- The hair is to be tapered or blocked, not touching the ear or collar.
- Sideburns may be no lower than the middle of the ear.
- Neither dying nor coloring the tips of the hair is allowed.
- No braided or spiked (if in doubt, comb it down) hairstyles are permitted.
- Extra curly or afro hair is not to exceed one inch in length.

## Facial Hair:

- No facial hair is permitted on students.
- Male sponsors may wear neatly trimmed mustaches and/or beards.

## □ Acceptable Jewelry:

- One watch and one ring is permitted.
- All other jewelry must be removed.
- □ Shirts:
  - Button-up shirt (polos are acceptable) with a collar and sleeves is appropriate.
  - Only top button may be left unbuttoned.
  - Shirts with tails are to be tucked into pants.
- □ Pants:
  - Slacks, dress pants, or long, conservative trousers are appropriate.
  - Denim jeans, cargo pants (pockets sewn to the outside), bicycle shorts, swimsuits, or fad extremes are inappropriate and are not permitted.
  - Pants are to be worn properly (at the waistline).
  - Belts must be worn with pants, slacks, or trousers that have belt loops.
- □ Shoes:
  - Dress shoes or sneakers with matching socks are appropriate.
  - Only closed toe and closed heel shoes are to be worn. No sandals or flip-flops.
  - Shoelaces are to be neatly tied.

Please evaluate each of these areas before you enter registration. Schools may not finish registration until all students, sponsors, and guests (staying on campus) have successfully completed dress check. I have checked **each** of my <u>students</u>, sponsors, and guests (staying on campus). They **each** meet the convention dress guidelines and **are ready for dress check**.

Male Head Sponsor's Signature